



HEALTH MATTERS



*A BIG Thank You
from the Partners
and Staff at
Northlands for all
your Xmas cards,
gifts and good wishes*



UK Health
Security
Agency



MMRV Vaccine

From 1st January 2026 MMRV
will be offered as part of the
routine immunisation schedule
to protect children from:

- measles
- mumps
- rubella
- chickenpox (varicella)



[Read the leaflet here](#)



Or enter this shortlink <https://qrco.de/ukmmrv> if you cannot scan.

If your child was born on or after 1 January 2026 your child needs to have their MMRV at:

- first dose 12 months
- second dose at 18 months of age

to have the best protection from all four diseases. Speak to your GP practice and have your Red Book ready.

North Street
Calne
Wiltshire SN11 0HH
Tel: 01249 812141
www.northlands-surgery.co.uk

Opening Times:

Monday - Friday:
8.30am - 6.00pm

Surgery Times (by appointment):

Monday - Thursday
8.30am - 12.30pm
2.00pm - 6.00pm
6.30pm - 8.00pm
Friday
8.30am - 12.30pm
2.00pm - 6.00pm

Out of Hours Service: 111

Our Doctors:

Dr N Ware MB BS BSc DRCOG MRCGP
Dr J Dalton BM MRCGP DFRSH DCH
Dr N Abel BM BS MRCGP
Dr T Chambers BSc MBChB DRCOG MRCGP
Dr P Milsom MBBS MRCGP DFFP DRCOG
DMH
Dr L Garnham MB ChB
Dr J Burton MB ChB
Dr C Isaac MB BS
Dr Udensi MS BS
Dr S Adeniyi
Dr A Tait MB BS

Trainees:

Dr M Whitehead MB BS Dr S Alnatei MB BS

Our Clinical Practitioners:

Advanced Nurse Practitioner Anita Peake
Advanced Nurse Practitioner Charlotte King
Paramedic Practitioner: Ashley Bulpitt

Our Pharmacy Team:

Pharmacist Julia Nicholls & Anthony Habgood
Pharmacy Tech Katy Griffin & Sharon Hunt

Our Care-Coordinator:

Steph Coulson

Our Community Connectors:

Liz Denbury
Veronica Shaw

If you are unable to
attend your
appointment, please let
us know as soon as
possible so we may use
the appointment for
another patient.

Thank you!

Over 40? You need to know your blood pressure



Around 1 in 4 adults in the UK have high blood pressure, but many don't know it. It can increase your risk of having a heart attack or stroke.

Knowing what your blood pressure numbers mean could save your life.

To find out how to get checked and manage your risk, visit nhs.uk/bloodpressure

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Help us
help you